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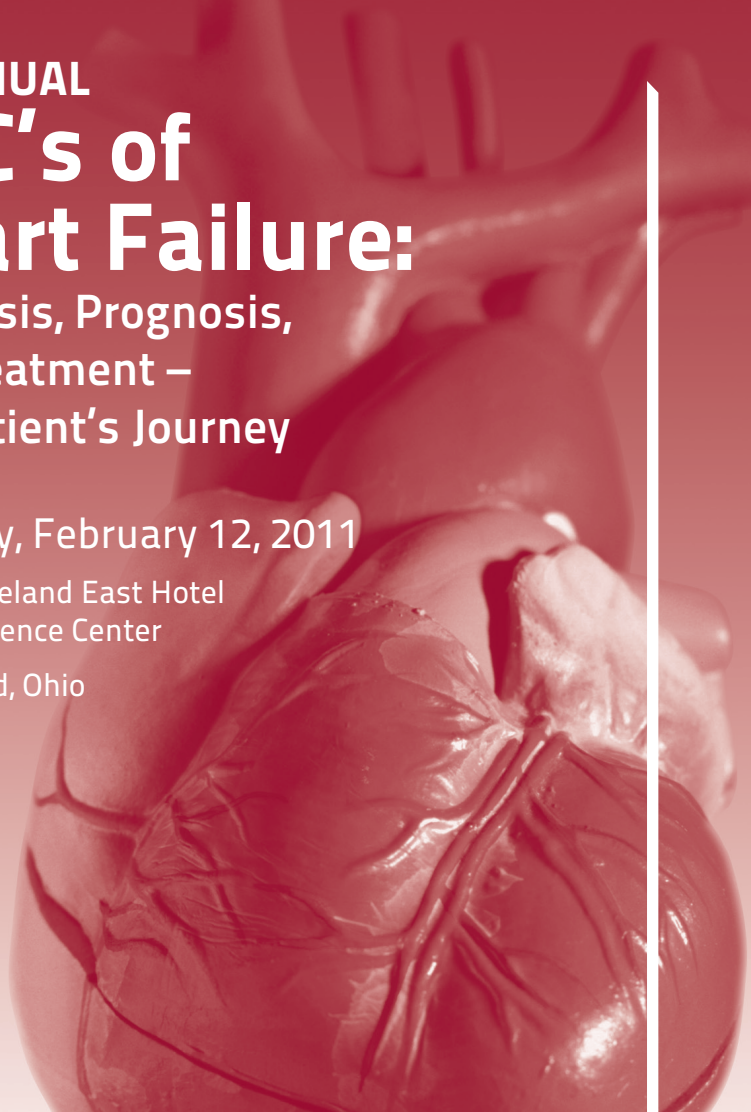
SCHOOL OF MEDICINE  
CASE WESTERN RESERVE  
UNIVERSITY

8<sup>th</sup> ANNUAL  
**ABC's of  
Heart Failure:**  
Diagnosis, Prognosis,  
and Treatment –  
The Patient's Journey

Saturday, February 12, 2011

Hilton Cleveland East Hotel  
and Conference Center

Beachwood, Ohio



Presented in cooperation with:



Cleveland Clinic



MetroHealth



Officially endorsed by the Heart Failure Society of America

## **Educational Need**

Heart failure represents a chronic syndrome affecting nearly 5 million Americans and is responsible for more hospitalizations than any other single diagnosis. Newer therapies are known to improve the physical and psychological outlook of patients with heart failure, but a treatment gap continues to exist between evidence-based approaches to heart failure quality care and the reality of practice, especially in the transition from hospital to home.

## **Educational Design and Methodology/Who Should Attend**

This course is designed for physicians and other healthcare professionals who manage patients with heart failure. Utilizing didactic lectures and small group problem-based workshops, this program will provide an overview of approaches to heart failure management based on recent research advances. It will examine issues confronting practicing physicians and the care team who manage heart failure patients in the transition from hospital to home and provide information that will support their clinical decision making.

## **Learning Objectives**

Following this educational activity, the participant will be able to:

- Apply the latest guidelines in diagnosing and treating HF
- Explain the challenges in the transition of care for the HF patient
- Describe the process for a HF patient in moving from hospital to home
- Discuss the value of the team approach in improving outcomes for HF patients
- Discuss the complex challenges unique to the geriatric HF patient in transition

Program participants will be able to select two of the following areas to utilize case-based learning in applying best-practice diagnosis and prognosis:

- Outline the management of HF monitoring in the home
- Identify the prognostic indicators for HF
- Review how to implement the new HF guidelines
- Describe the management of HF from both the Cardiology and the Primary Care Perspective

## **Acknowledgments**

Educational grants in support of this program are gratefully acknowledged. Acceptance of funding in support of this program does not constitute endorsement of any product or manufacturer.

## Faculty/Planning Committee

### **Ileana L. Piña, M.D., MPH**

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Heart Failure/Transplant  
Graduate VA Quality Scholar Fellowship

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Heart Failure Nurse Practitioner  
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Department of Pharmacy

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Heart and Vascular Center  
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Cleveland Clinic

### **James B. Young, M.D.**

George and Linda Kaufman Chair  
Professor of Medicine and Executive Dean  
Cleveland Clinic Lerner College of Medicine of  
Case Western Reserve University

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# ABC's of Heart Failure Meeting

Saturday, February 12, 2011

Hilton Cleveland East Hotel  
and Conference Center

7:00-7:45	Registration/Exhibits
7:45-8:00	Welcome and Introduction <i>Ileana L. Piña, MD</i>
8:00-8:45	Challenges in Transition of Care for Heart Failure <i>Ileana L. Piña, MD</i>
8:45 – 9:45	ACC Overview: The Journey from Hospital to Home <i>Donald Goldmann, MD</i>
9:45-10:15	Break/Exhibits
10:15-11:15	The Team Approach to Managing a Complex Heart Failure Patient: Panel Discussion of Patient Case <i>Jose Ortiz, MD, Julie Gee, NP, Kimberly Schaub, PhD, Sherry La Forest, PharmD, and real patient</i>
11:15-12:15	Workshops (Pick one) <ol style="list-style-type: none"><li>1. Monitoring in the Home – Implanted or Not <i>James Young, MD, Nancy Albert, RN</i></li><li>2. Prognostic Indicators for HF <i>James Fang, MD, Randall Starling, MD and Andrew Barcena, MD</i></li><li>3. Implementing the New Guidelines for HF in the Real World of Practice <i>Sherry LaForest, PharmD and Sharon Mack, NP</i></li><li>4. Managing Heart Failure – Two Perspectives: Cardiology and Primary Care <i>George Kikano, MD and Michael Hanna, MD</i></li></ol>
12:15-12:30	Lunch
12:30-1:30	Why are We Failing the Geriatric HF Patient in Transition? <i>Rebecca Boxer, MD</i>

1:30-2:30

Workshops repeated (Pick one)

1. Monitoring in the Home – Implanted or Not  
*James Young, MD, Nancy Albert, RN*
2. Prognostic Indicators for HF  
*James Fang, MD, Randall Starling, MD and Andrew Barcena, MD*
3. Implementing the New Guidelines for HF in the Real World of Practice  
*Sherry LaForest, PharmD and Sharon Mack, NP*
4. Managing Heart Failure – Two Perspectives:  
Cardiology and Primary Care  
*George Kikano, MD and Michael Hanna, MD*

2:30-3:00

Wrap up, Assessment/Post-Test & Program Evaluation

## Continuing Education

### Physicians

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this educational activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Pharmacists

The University of Findlay College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education and complies with the Criteria for Quality for continuing pharmacy education programming.

This is a knowledge-based activity. This educational activity is approved for 6.0 contact hours or 0.6 CEUs. ACPE UAN: 0449-9999-10-030-L01-P. This program will be released on February 12, 2011 and expires on February 12, 2014. A statement of credit will be issued 4 to 6 weeks upon receipt of completed registration/evaluation documents.

There is a registration fee for this activity.



### Nurses

The Ohio Board of Nursing recognizes continuing education activities which have been approved by a nationally recognized accreditation system of continuing education approval (ACCME) to satisfy a nurse's continuing education requirements.

## Faculty Disclosure

The policy of Case Western Reserve School of Medicine CME Program requires that the Activity Director, planning committee members and all faculty (that is, anyone in a position to control the content of the education activity) disclose to the activity participants all relevant financial relationships with commercial interests. Disclosure will be made to activity participants prior to the commencement of the activity. Case Western Reserve University School of Medicine also requires that faculty make clinical recommendations based on the best available scientific evidence and that faculty identify any discussion of "off-label" or investigational use of pharmaceutical products or medical devices.

## Meeting Location and Parking

Hilton Cleveland East Hotel and Conference Center  
3663 Park East Drive  
Beachwood, Ohio  
(216) 464-5950

The Hilton Cleveland East is located at the Chagrin Boulevard exit off of Interstate 271. Drive south one-half mile on Park East Drive from the traffic light on Chagrin Blvd. immediately west of the I-271 overpass. Ample free parking is available on-site. Persons with disabilities should inform the Hilton Cleveland East staff of any special services required.



## Registration Information

Conference tuition includes all educational sessions, materials, refreshments, continental breakfast and lunch. Registration is on a first-come basis. Register by mail using the tear-off form, or by fax, phone or on-line with a credit card. Advance payment secures your participation in the program. Credit Certificates will be mailed following the conference.

## Late Registration and Cancellation Policy

After Friday, February 4th please register on a space-available basis by calling the Continuing Medical Education Program at (216) 983-1239 or (800) 274-8263. Full refunds will be made for cancellations on or prior to February 1st only.



Continuing Medical Education Program  
10524 Euclid Avenue  
Cleveland, OH 44106-6026

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